



Vibrant Wellness Clinic

Unlock the secrets of your health and thrive.

By Dr. Emi Hosoda


in-depth analysis
cutting-edge therapies
life-changing results

What if:

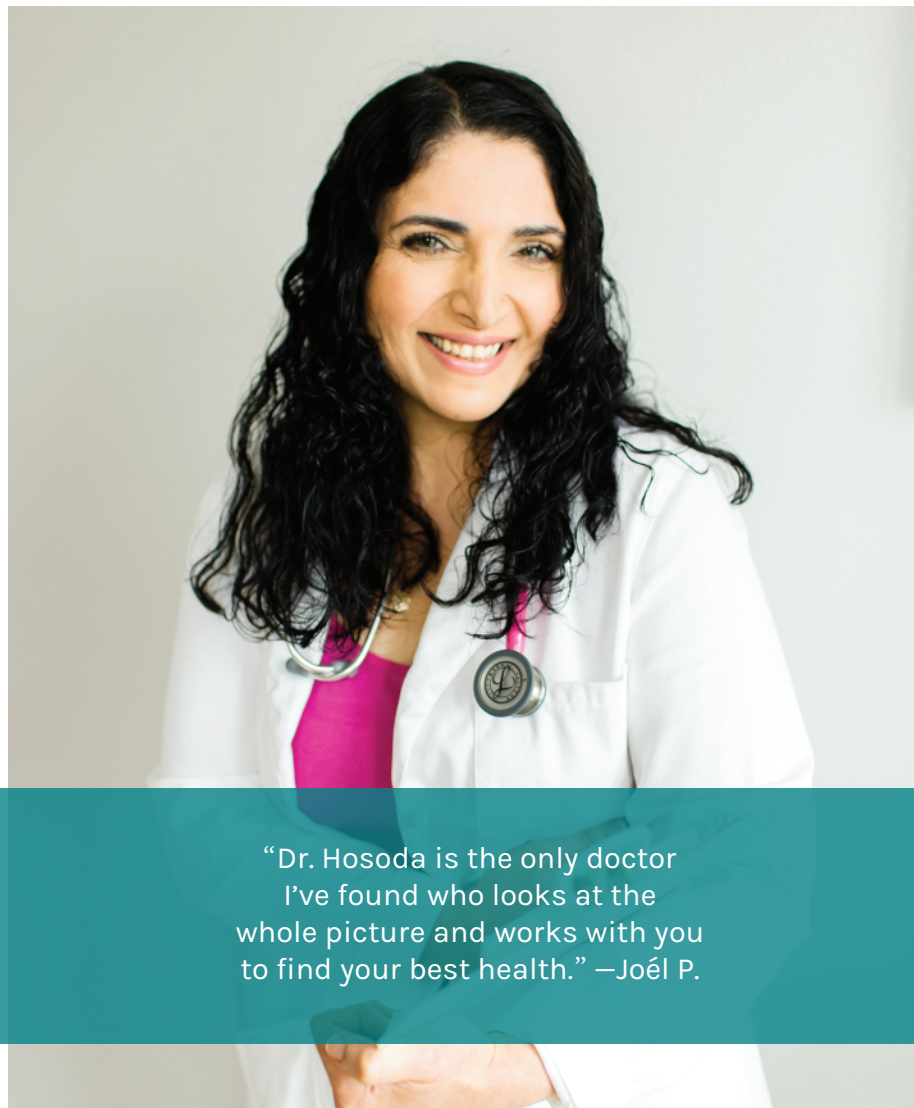
...your doctor had the expertise and took the time to look deeper into health issues—beyond superficial symptoms—to find out why they're happening?

...you could have a closer relationship with your doctor—one who truly knows you and your health concerns—and supports you on your path to achieving optimal wellness?

...instead of offering a one-size-fits-all approach, your doctor recommended therapies that were grounded in science-based medicine, cutting-edge holistic treatments, and custom tailored for your unique genetic and biochemical makeup?



Dr. Emi's thorough and careful medical detective work generates insights into underlying health issues that are often overlooked.



“Dr. Hosoda is the only doctor I’ve found who looks at the whole picture and works with you to find your best health.” —Joél P.



The Vibrant Wellness Difference

To truly make a difference in patients' lives requires high-level evaluation of the whole person—body, mind, spirit—and comprehensive analysis to identify underlying root cause issues—genetic, nutritional, family history, environmental, lifestyle, psychological, and others—that can influence long-term health. It also requires a strong, well-connected doctor/patient relationship to ensure that therapies are tailored to the individual and are properly implemented for highest health impact.

Vibrant Wellness Clinic introduces a new paradigm of preventive, personalized, and precision medicine, based on thorough, in-depth analysis to determine the underlying root cause, and executing custom-tailored therapies that are implemented in a close, collaborative partnership with Dr. Emi.

Benefits of a Vibrant Wellness membership include:

- **A holistic health regimen** that identifies and addresses the root causes of health issues instead of simply medicating symptoms.
- **Health and wellness classes**, including Tai Chi, Qigong, Mind Body Wellness, Healthy Cooking.
- **After-hours communication** with Dr. Emi through secure electronic communication, phone, and text to answer patients' functional medicine exam questions and help them achieve exam-related health goals.
- **Pinnacle Physical Therapy Exercise Wellness Program** offered at a discount for Vibrant Wellness Clinic members.
- **Year-round wellness services** to help patients reach their wellness goals and whenever possible, prevent unnecessary medication, procedures, or hospital stays.
- **An annual, in-depth examination, also known as a functional medicine exam**, that evaluates the whole person—body, mind, spirit—and serves as the basis for follow up guidance, personally tailored therapeutic treatments, and supportive educational wellness programs.
- **A close doctor/patient relationship** with Dr. Emi as your primary care physician and patient advocate.
- **Personal health coaching sessions** to help patients stay on track with their yearly exam wellness goals.

Dr. Emi | Making the Right Medical Decisions for You

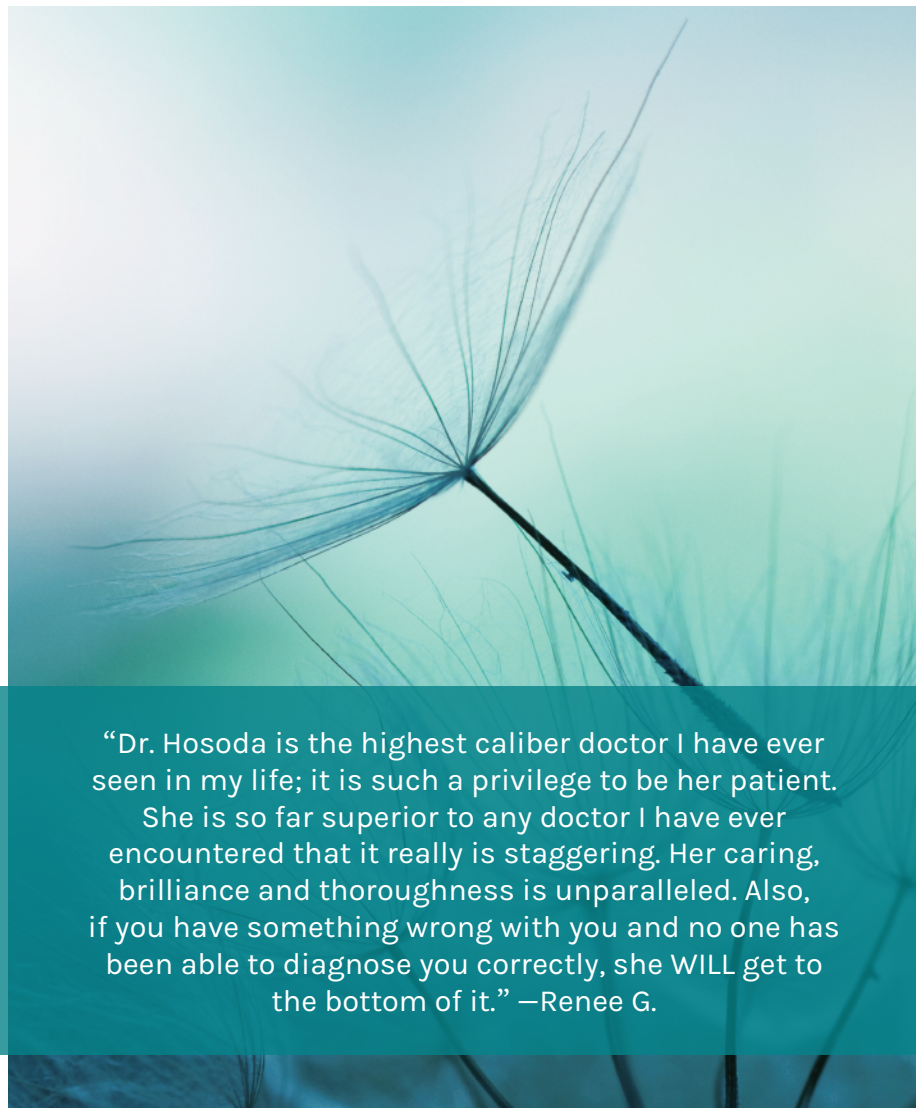
Vibrant Wellness Clinic was founded by Dr. Emetis “Emi” Hosoda, an award-winning, Board Certified Internal Medicine physician with a unique background in molecular biology and research, coupled with extensive integrative, functional medicine, and Intensive Care Unit (ICU) experience. Vibrant Wellness Clinic brings to fruition Dr. Emi’s vision to help patients make a positive, transformative difference in their lives. Known for her thorough, lifesaving diagnoses and life-changing results, Dr. Emi’s proven track record, coupled with collaborative implementation, have earned her a reputation as one of the top internal medicine physicians in western Washington. She comes from a long lineage of respected physicians and considers it a privilege to serve in the same profession. 🌿

“Dr. Emi is the best medical doctor I’ve ever had, and I’ve had more than a few! She saw and caught things others didn’t even know to look into. Additionally, her knowledge about treating disease and preventing disease with nutrition is a great wealth to the patient. She educates and re-educates you to care for your body and not just take pills for symptoms.”

—Jennifer M.

“Dr. Hosoda is the highest caliber doctor I have ever seen in my life; it is such a privilege to be her patient.

She is so far superior to any doctor I have ever encountered that it really is staggering. Her caring, brilliance and thoroughness is unparalleled. Also, if you have something wrong with you and no one has been able to diagnose you correctly, she WILL get to the bottom of it.” —Renee G.





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For more information or to schedule
a free, 15-minute meet-and-greet consultation
with Dr. Emi, please contact us at:

(360) 226-3672
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